FAMILY RESOURCE GUIDE

2026–2027



Center for Child Protection
a children's advocacy center

A Note from the Center's Community Outreach Manager:

Hello! I'm Julia Cabin, the Community Outreach Manager at the Center for Child Protection.

The Center is committed to connecting families with the support they need to thrive. We work every day to meet the needs of children and families across Travis County, but we know we can't do it alone.

That's why we're proud to partner with local organizations that share our commitment to our community. These partners offer services, programs, and support in many areas, including health, education, employment, financial stability, housing, and so much more.

Together, we help families find answers, access resources, and build stronger connections within the community.

In this **Family Resource Guide**, you will learn more about our partner organizations. Whether you need assistance today or are planning for the future, we hope this guide helps you find the support that's right for your family.

Sincerely,



Julia Cabin
Community Outreach Manager
Center for Child Protection



Follow us @Center4CP

The Center's vision is to end the cycle of child abuse through...

community support.
advocacy.
education.

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Visit **CENTERFORCHILDPROTECTION.ORG** to learn more.

Keep Your Kids Safe

Explore tips, tools, and workshops designed to help parents and caregivers protect children from abuse.



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African American Youth Harvest Foundation

The African American Youth Harvest Foundation empowers youth, families, and communities through education, mentoring, workforce development, mental health support, after-school programming, and basic-needs assistance. We connect families to resources, strengthen community partnerships, and create opportunities that promote academic success, wellness, and long-term self-sufficiency.

www.aayhf.org

512-428-4480

All Around Barber School

All Around Barber School fosters a supportive and professional learning environment that prepares graduates for success in the barbering industry. The school offers hands-on training that combines modern tools, techniques, and styling with classic barbering skills. With courses available in both English and Spanish, and flexible schedules, the program can accommodate a diverse range of students.

www.allaroundbarberschool.com

512-698-8046

Any Baby Can

Any Baby Can is a Central Texas nonprofit that provides critical family services in the home or other safe space. With support for children with developmental challenges or medical diagnoses, first-time mothers navigating pregnancy, and parents facing life's toughest moments, Any Baby Can ensures no family has to face the unknown alone.

www.anybabycan.org

512-454-3743

Asian Family Support Services of Austin

Asian Family Support Services of Austin uses a culturally responsive approach to support survivors of domestic violence, sexual assault, human trafficking, and other forms of abuse, with a particular focus on Asian and immigrant communities. They offer comprehensive, multilingual services including a 24-hour crisis hotline, counseling, safety planning, legal advocacy, and assistance with housing and employment.

www.afssaustin.org

24-Hour Crisis Hotline: 1-877-281-8371

Austin Housing Authority

Austin Housing Authority (AHA) provides housing people can afford and services that help residents build stability, independence, and brighter futures. Through affordable housing communities, rental assistance, resident services, and partnerships, AHA serves families, seniors, veterans, people with disabilities, foster youth, and working Austinites across the community.

www.austinha.org

512-477-4488

Austin Public Health – Health Equity Unit

The Health Equity Division of Austin Public Health is dedicated to advancing equitable health outcomes by addressing systemic inequities and the social determinants of health. Through data-informed strategies, cross-sector collaboration, and community engagement, the division works to eliminate health disparities across the community.

www.austintexas.gov/department/health-equity-unit-0

512-972-5183

Austin Public Library

The Austin Public Library (APL) offers free access to a wide range of resources and services. With multiple branches throughout the city, APL provides inclusive spaces that support literacy, lifelong learning, and digital access. Through its diverse programs and collections, the library empowers individuals to explore ideas, develop new skills, and connect with their community.

www.library.austintexas.gov

512-974-7400

Austin Voices for Education & Youth

Austin Voices for Education & Youth operates seven Family Resource Centers in Austin ISD Title 1 schools, offering large Central Texas Food Bank distributions, benefits enrollment help for MAP, Medicaid and SNAP, Tech Navigator services, adult education, and community festivals. Bilingual social workers provide case management for families at 20 Austin ISD schools, and their Call Center connects families to resources and determines service eligibility.

www.austinvoices.org

512-493-4288

AVANCE – Austin

AVANCE supports families by providing early childhood education, parenting classes, and home visits to help prepare children for school and strengthen family bonds. They also offer career coaching and financial literacy programs to help parents, and through its AVANCE to College program, parents gain access to higher education and workforce development opportunities, empowering them to build better futures for their families.

www.avanceaustin.org

512-414-6127

Bake a Wish – Austin

Bake a Wish brings joy and recognition to children in foster care, as well as elderly and disabled adults living in assisted housing, by delivering personalized birthday cakes and celebrating those who may otherwise be overlooked on their special day. Through its volunteer network and commitment to inclusion, Bake A Wish fosters meaningful connections and uplifts lives across Central Texas.

www.bakeawishaustin.org

Boys & Girls Clubs of the Austin Area

The Boys & Girls Clubs of the Austin Area offer safe, supportive after-school and summer programs for youth ages 6–18 throughout Central Texas. Their programs combine academic support, fun enrichment activities, and caring mentors—while also supporting mental wellness and family involvement—to help kids build confidence and reach their full potential.

www.bgcaustin.org

512-444-7199

Capital IDEA

Capital IDEA empowers low-income adults in Central Texas to achieve financial stability through access to higher education and career advancement. They help cover the cost of tuition, books, and fees, while also providing comprehensive support services—including career guidance, childcare assistance, and job placement. Their work strengthens both individuals and communities through strong partnerships with local employers and educational institutions.

www.capitalidea.org

512-457-8610

Carrying Hope

Carrying Hope improves the lives of youth and families who have been impacted by the foster care system through resources, support services, housing, and enrichment opportunities. They are dedicated to supporting foster children and youth in need through programs including Hope Packs—backpacks brimming with comfort items and essential needs, Hope's Home—a transitional housing project, and Hair + Hope—a partnership with local stylists who are experts in textured hair.

www.carryinghope.org

Central Health

Central Health, Travis County's hospital district, is building a comprehensive, high-functioning health care system for residents with low income who need it most. The district's Health care Equity Plan, adopted in early 2022, is guiding up to $700 million in investments to close the gaps that persist throughout the safety-net health care system—in primary care, specialty care, dental and behavioral health, hospital-based care, and post-acute transitions of care.

www.centralhealth.net

512-978-8130

City of Austin – Neighborhood Centers

The City of Austin's Neighborhood Centers provide essential support services to low and moderate-income residents, including food assistance, health screenings, bus passes, financial assistance, employment resources and more.

www.austintexas.gov/department/neighborhood-centers

Financial Assistance: 512-972-5780

For all other services please call a center near you.

Foundation Communities – Children's HOME Initiative

Children's Home Initiative (CHI) is a 2-year housing and case management program designed to help families build stability and increase their household income. Each CHI property has a dedicated on-site Case Manager who works with families to support goals such as increasing income, paying down debt, building savings, and maintaining long-term housing stability.

www.foundcom.org

512-610-7392

Frost Bank

At Frost, we believe that banking is about people, not just accounts. That's why we're opening more locations in Austin to be closer to the communities we serve. From checking and savings accounts to loans and mortgages, and with the state's largest ATM network, Frost is here to help our neighbors plan for the future.

www.frostbank.com

800-513-7678

The Goodwill Excel Center High School for Adults

The Excel Center High School empowers adults to earn their high school diploma while gaining access to career certifications, college credits, and workforce training. Tuition-free and offering year-round, flexible scheduling and accelerated terms, the school provides comprehensive support services to help students succeed. Graduates are equipped with the skills and credentials needed for long-term success.

www.excelcenterhighschool.org

512-531-5500

H-E-B Helping Here

More than a retailer, H-E-B is deeply committed to its customers and communities through passionate public service. Each year, H-E-B donates five percent of pre-tax earnings to charitable organizations. Regularly named a top employer and retailer, H-E-B's more than 175,000 Partners (employees), who are owners in the company, are at the heart of its success. Guided by its Helping Here philosophy, H-E-B serves all Texans with humility, care, and pride.

www.heb.com

512-646-8500

Integral Care – Youth Crisis Outreach Team

Integral Care has a program called the Youth Crisis Outreach Team or YCOT. We offer up to 90 days of flexible cost, voluntary support following a crisis to meet short-term needs and/or provide connections to ongoing care. Our services include case management, life-skills counseling, guardian support, etc. within Travis County.

www.integralcare.org/en/crisis-services

512-653-0274

Keilah Radio

Keilah Radio serves as a Spanish-language community-based media outlet connecting families with news, resources, and cultural programming. The station provides uplifting music, discussions, and educational content. By fostering dialogue and sharing information, Keilah Radio builds community connections and offers families a platform for inspiration, engagement, and support in daily life.

www.keilahradio.com

512-910-8000

Life Anew Restorative Justice

Life Anew in Austin is a nonprofit advancing restorative justice, youth empowerment, and community healing. We partner with schools, families, and neighborhoods to provide mentoring, trauma-informed support, and conflict resolution. By centering youth voice, safe spaces, and equitable solutions, Life Anew builds belonging, reduces violence, and transforms systems for lasting community safety.

www.elifeanew.com

512-297-3183

LifeWorks

LifeWorks is working towards solving youth homelessness in our community. We offer a variety of programs and services supporting housing, workforce and education, and mental health and wellness.

www.lifeworksaustin.org

512-735-2400

Lock Arms for Life

Lock Arms for Life is a Central Texas-based nonprofit that treats firearm safety as a vital public health priority. They educate families about the importance of secure firearm storage, believing that responsible storage is the most effective way to prevent accidental injury, unauthorized access, and unnecessary loss of life.

www.lockarmsforlife.org

828-406-1864

Maternal Infant Outreach Program (MIOP)

The Maternal Infant Outreach Program (MIOP) provides peer-based support to Black and African American mothers in Travis County through home visits, health education, and help accessing vital services. Led by trained Community Health Workers, the program focuses on improving maternal and infant health outcomes. MIOP builds trust and connection through culturally informed, community-centered care.

www.austintexas.gov/department/miop

512-972-5059

Mothers' Milk Bank at Austin

Mothers' Milk Bank at Austin provides life-saving, pasteurized donor human milk to medically fragile infants, ensuring equitable access regardless of a family's ability to pay. With rigorous safety protocols and advanced nutrient-targeting techniques, the organization delivers the highest quality milk to hospitals and families across the country, transforming neonatal care and improving outcomes for the most vulnerable newborns.

www.milkbank.org/about-us/who-we-are

512-494-0800

Reggie Rap's Room

Reggie Rap's Room is a multimedia creative world using hip hop, music, storytelling, and play to inspire creativity, nurture emotional intelligence, and support mental well being. Through culturally grounded performances, educational experiences, and community activations, we empower young people and families to celebrate self expression, foster connections, and build belonging.

www.reggierapsroom.com

737-330-9070

Saint Louise House

Saint Louise House offers safe, affordable housing and comprehensive support to single mothers and their children facing homelessness in Central Texas. By providing personalized case management, financial education, life skills development, and parenting resources within a supportive community setting, they are helping break the cycle of homelessness and poverty for future generations.

www.saintlouisehouse.org

512-364-2248

SaulPaul Foundation

The SaulPaul Foundation inspires and empowers youth through mentorship, education, and creative arts programs. By connecting young people with opportunities for personal growth and leadership, the foundation helps them discover their potential. Its initiatives encourage resilience, service, and achievement, building pathways for future success in school and life.

www.saulpaulfoundation.org

512-298-2140

Skill Builders Career Academy

Skill Builders Career Academy in partnership with the SaulPaul Foundation provides free online career readiness training for youth and adults. Through training in HVAC, Electrical, and Office Administration—plus mentorship and career readiness—this collaboration helps individuals from all backgrounds pursue meaningful employment and lifelong success.

www.skillbuilderscareeracademy.com

512-298-2140

St. David's Foundation Dental Program

The St. David's Foundation Dental Program offers free dental care to children at Title I elementary schools in Central Texas. Beyond addressing urgent needs, this program also educates students about dental hygiene habits that will last a lifetime.

www.stdavidsfoundation.org/how-we-work/dental-program

512-879-6231

St. David's HealthCare

At St. David's HealthCare, we're proud to offer high-quality care for both adults and children in Austin and our surrounding communities. We cover everything from cardiac care and emergency services to physical rehab, newborn care, and women's services. Our group of hospitals is one of the biggest health systems in Texas, with over 10,600 team members at more than 160 healthcare healthcare sites.

www.stdavids.com

844-706-8773

Unbound Now

Unbound Now is dedicated to ending human trafficking through a holistic approach that prioritizes survivor support, prevention, and systemic change. They offer around-the-clock crisis response, long-term case management, and specialized services for at-risk youth, while educating communities to recognize and prevent exploitation. By fostering collaboration, Unbound Now works to build safer communities and ensure lasting freedom for survivors.

www.unboundnow.org

512-872-5889 | Crisis Line: 512-885-2325

Univision Austin

For over two decades, Univision Austin has entertained, informed, and empowered Austin's Hispanic community. Through Contigo, our Social Responsibility Initiative focused on education, civic engagement, health, and financial literacy, we connect Hispanic families with resources and opportunities that help improve their quality of life.

www.univision.com/local/austin-kakw

512-533-2844

VELA

VELA empowers parents of children with disabilities with knowledge, tools, and support to navigate complex systems and advocate effectively for their children. VELA offers interactive courses, monthly support groups, individualized case management, and a yearly family event to build community. Services are free, offered in English or Spanish, and virtual with some in-person programming in Austin. Together, we create a community where all families thrive.

www.velafamilies.org

512-850-8281

Workforce Solutions Capital Area

Workforce Solutions Capital Area meets job seekers, parents, and employers with personalized support, career pathways, and proven results across Austin and Travis County.

www.wfscapitalarea.com

512-454-9675

Do you know how to protect the children in your life?



Join Our Webinars!

The Center's free Monthly Webinar Series empowers parents, caregivers, and community members with the tools and knowledge to prevent child abuse. We'll explore hot topics like recognizing grooming behaviors and keeping children safe online.

Learn more about our upcoming webinars.

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